

# HOT TOPIC

## Exposed Breastfeeding

Katy parents discuss their feelings on mothers breastfeeding in public, uncovered

### YES!

#### Nothing Wrong

"I totally am for breastfeeding in public. There is absolutely nothing wrong with feeding your baby in public!" - *B.D.*

#### Shouldn't Be a Big Deal

"I think this is the mom's problem. Why should anyone care about it? I used a private room or breastfeeding area because I liked to have some quiet time with my kid and be by myself. Some women just don't mind. To me it is totally personal. It is nice to just cover the baby and your body area but everyone isn't the same. It shouldn't be a big deal." - *F.H.*

#### It is Absolutely Necessary

"Breastfeeding has direct health benefits over pumping and giving bottles. When a mother or baby comes into contact with illnesses in public settings, her milk adjusts to produce antibodies. I have seen many women nurse in public, and it has always been discreet, with or without a cover. My hope is that our society will learn to embrace mothers for doing what is best for their children." - *R.A.*

#### Do What is Comfortable

"I believe women have a right to do so anywhere they feel comfortable. I personally used a cover up while feeding my daughter because of my own comfort level. In certain circumstances, discretion should be used due to the environment. Breastfeeding is natural and if your child is hungry, you have to feed them." - *P.S.*

#### Normalize Breastfeeding

"I am in full support of moms feeding their child in public. I'm nursing my third baby now and it wasn't easy as a first-time mom. I was scared to go places because my baby wouldn't take a bottle and I didn't want to feel judged in public. I don't want any mom to ever feel that way. This really shouldn't even be a debate. Normalize breastfeeding!" - *J.M.*

### NO!

#### Just Cover Up

"It is a natural and beautiful thing; however, there is also nothing wrong with a little blanket teepee over the event so that perverts won't get excited, kids won't get all wide-eyed, and men won't feel uncomfortable. There is a right and wrong way to do everything. It's all about common courtesy and respect for everyone." - *N.W.*

#### Should be Done in Private

"I think breastfeeding is something that should be done in private. I don't have my breasts out on display and I don't feel that others should either. It makes others around you uncomfortable so respect the people around you." - *O.P.*

#### It's Just Awkward

"When my husband and I are out at a restaurant and someone begins to breastfeed, it's awkward; especially when they don't even bother using a cover. It's hard enough with all the images of nudity out there today, don't add to it." - *D.D.*

#### It's Better to Be Alone

"I chose not to breastfeed in public because I'm really modest. I preferred to be alone with my child while feeding and not in a noisy, public place." - *K.G.*

#### Be Discreet

"Having breastfed both my children each for almost a year, it would have been awful to have been banned to a dirty bathroom because it was not tolerated in a public area. I give a hearty thumbs up to any mother who is discreetly breastfeeding. That being said, conspicuously exposing your breast in public while breastfeeding is 'gauche' and unnecessary." - *L.S.*

Do you have a Hot Topic that you think needs to be discussed? Email [editor@katymagazine.com](mailto:editor@katymagazine.com)!



# Cinco Ranch

DERMATOLOGY

## MEDICAL AND COSMETIC DERMATOLOGY

SKIN CARE  
IPL PHOTOFACIALS  
LASER RESURFACING  
ACNE SCAR TREATMENT  
LASER HAIR REDUCTION  
KYBELLA

BOTOX  
FILLERS  
CHEMICAL PEELS  
ACNE FACIALS  
DERMAPLANING



Shed the fat below the chin with the new non-surgical Kybella treatment!

**Make an appointment today for a consultation.**

*Conveniently located in LaCenterra at Cinco Ranch*

KELLY CONNER, MD    CHANDNI BHAKTA, PA-C

www.cincoderm.com    281-394-9500    2643 Commercial Center Blvd Suite B360 Katy, TX 77494



© 2016 Katy Magazine

Annual Exams  
Prenatal Care | Obstetrics  
Preconception Counseling  
In-Office Procedures  
Adolescent Gynecology  
Menopause  
Breast Disorders  
Contraceptives  
Sterilization



*Caring for Katy area women  
of all ages and stages*

*"Dr. Pierce delivered my second child.  
She is so sweet, patient, and informative.  
She really listens to you when you have  
questions and concerns. I would  
recommend her to anyone!" - Jamie C.*



**TORRI PIERCE, MD**  
Board Certified  
Obstetrician/Gynecologist



© 2014 Katy Magazine

Methodist West Houston  
Medical Office Building 1  
18400 Katy Freeway, Suite 400

*New Patients Welcome!*

281-579-9900  
torripiercemd.com